



Insurance | Risk Management | Consulting

POSTDOCTORAL SCHOLAR BENEFIT PLANS
2025 Monthly Rates, University Contributions,
& Postdoctoral Scholar Contributions

Effective January 1, 2025

	<u>Total Monthly Premium</u>	<u>UC Contribution for Postdoc</u>	<u>Postdoc Contribution</u>
Medical HMO - Health Net, Group Number 66700A			
Postdoc only	\$720.39	\$705.98	\$14.41
Postdoc + partner	\$1,729.07	\$1,694.49	\$34.58
Postdoc + child(ren)	\$1,260.79	\$1,235.57	\$25.22
Postdoc + partner + child(ren)	\$2,197.33	\$2,153.38	\$43.95
Medical PPO - Health Net, Group Number N2982A			
Postdoc only	\$753.92	\$723.76	\$30.16
Postdoc + partner	\$1,809.40	\$1,737.02	\$72.38
Postdoc + child(ren)	\$1,319.40	\$1,266.62	\$52.78
Postdoc + partner + child(ren)	\$2,299.48	\$2,207.50	\$91.98
Dental POS - Principal, Group Number H12843			
Postdoc only	\$25.19	\$25.19	\$ -
Postdoc + partner	\$52.54	\$52.54	\$ -
Postdoc + child(ren)	\$58.63	\$58.63	\$ -
Postdoc + partner + child(ren)	\$94.35	\$94.35	\$ -
Dental DHMO - Health Net, Group Number Z0059A			
Postdoc only	\$6.89	\$6.89	\$ -
Postdoc + partner	\$12.38	\$12.38	\$ -
Postdoc + child(ren)	\$13.08	\$13.08	\$ -
Postdoc + partner + child(ren)	\$19.28	\$19.28	\$ -
Vision PPO - Health Net, Group Number Z0074A			
Postdoc only	\$3.82	\$3.82	\$ -
Postdoc + partner	\$6.38	\$6.38	\$ -
Postdoc + child(ren)	\$7.13	\$7.13	\$ -
Postdoc + partner + child(ren)	\$10.90	\$10.90	\$ -
Life Insurance and AD&D \$50,000 Standard Insurance, Group Number 643383	\$2.55	\$2.55	\$ -
Short-Term Disability Standard Insurance, Group Number 643383	\$8.75	\$8.75	\$ -
Long-Term Disability Standard Insurance, Group Number 643383	\$10.93	\$0.00	\$ 10.93
Bright Horizons Enhanced Family Support	\$1.91	\$1.91	\$ -